



# Focus

## PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER OF BOCA RATON

We are the only PARKINSON'S COMPREHENSIVE CLINICAL AND RESEARCH CENTER in the region offering integrated and personalized care with Movement Disorder Specialists. Utilizing new diagnosis testing, approved treatments, investigational medication access, prevention research, wellness activities, and educational lectures. New and returning appointments now available within one week.  
**NO ONE SHOULD HAVE TO WAIT FOR PARKINSON'S CARE!**

Winter is here! While we may not see the weather drastically change here in Florida, we have lot of exciting changes happening at our center! Over the past year we have expanded our Movement Disorder Specialists, begun new research programs to slow PD progression and to better treat motor and nonmotor symptoms, and expanded our Parkinson's Wellness Center activities and support groups. In 2023, new advances now enable a diagnosis of PD to be reevaluated: earlier and more accurate PD diagnosis can be made through the use of genetic testing, Datscan brain imaging, and skin biopsy. New treatments for PD symptoms are emerging, as we move closer to a cure for PD!

Our Parkinson's Movement Disorder Specialists include:

SAGARI BETTE, MD NISHA CHHABRIA, MD RICHARD DEWEY III, MD RICHARD DEWEY Jr., MD STUART ISAACSON, MD

AnnMarie Diaz, ARNP

Marcela Casas, ARNP



### Clinical FOCUS: Advances in PD!

#### New Medications to treat PD

Six new medications have been approved by the FDA in the past 5 years, including medications that can rapidly treat symptoms, can extend levodopa benefit, can treat dyskinesia, and can work in the brain beyond dopamine.

#### New Forms of Levodopa Delivery

Three investigational longer-acting levodopa therapy studies have reported positive results. These results indicate promising new therapies for PD which are coming soon!

#### Advances in DBS and Focused Ultrasound

Newer DBS systems can improve targeting of brain areas, can be programmed remotely from your home, and can be fine-tuned more easily based on your responses. New clinical criteria can be used to evaluate if you are a candidate.

Next day patient appointments are available  
Call Lexi at **561-392-1818 (ext 4)**  
to schedule an evaluation

### RESEARCH FOCUS

We have many ongoing research programs for Parkinson's disease, essential tremor, MSA, PSP, and related disorders. There is no cost to participate in these important trials seeking to better treat your symptoms and to slow progression of PD. We are currently enrolling patients in studies of the following areas:

- 1. Newly diagnosed patients with PD**  
Currently enrolling in programs to try to slow progression of PD
- 2. Stable PD patients on levodopa**  
Currently enrolling in a monoclonal antibody trial to slow progression
- 3. PD patients experiencing OFF episodes and/or dyskinesia**  
Currently enrolling in trials of new medications to improve hours in the day when medications are not providing good benefit, OFF episodes, and/or dyskinesia
- 4. Memory, cognition, or dementia in PD or Lewy body dementia**  
Currently enrolling to treat impaired memory and cognition and to try to prevent progression to dementia
- 5. Gene testing for PD**  
No-cost, anonymous gene testing for PD (patients and families)  
Includes the common two genes that cause PD in Ashkenazi Jews
- 6. Essential tremor trials** also enrolling  
including medications, botulinum toxin, and wrist worn device
- 7. PD trials** that are testing non-medications  
to improve mobility and balance, nonmotor symptoms, and memory

To learn more or see if you qualify for a research program at no-cost, call Lisa at **561-392-1818, ext 2** or email: [info@ParkinsonsCenter.org](mailto:info@ParkinsonsCenter.org)

### Parkinson's Wellness Center

#### Is Now Open!

Daily wellness activities, support groups, educational lectures, and

Ask the Doctor sessions!

Check our website for calendar!

to RSVP, contact Colleen!

call: (561) 392-1818 (ext 6)

or email:

[wellness@ParkinsonsCenter.org](mailto:wellness@ParkinsonsCenter.org)

### PARKINSON'S DISEASE SYMPOSIUM

Upcoming on Dec. 12 in Boca Raton

Email: [RSVP@ParkinsonsCenter.org](mailto:RSVP@ParkinsonsCenter.org)

or call: 561-392-1818, ext 6

[www.ParkinsonsCenter.org](http://www.ParkinsonsCenter.org)